

I Timothy 4:1-8
Proper Training

Demonic Teaching (1-5)

Warnings from the Holy Spirit (Acts 20:28-31)

Faith will be abandoned (II Timothy 4:3-4)

Followers of deceiving spirits (II Peter 2:19)

Who brings these teachings?

Hypocritical liars (Matthew 23:4-5, 13-15, 27-28)

Hot-irons have seared their consciences

What they teach – external rules taught by men (Mark 7:5-9, 19)

Celibacy

Certain food restrictions

Whom they oppose – the Creator of all things

Created good

For those who believe

For those who know the truth

Consecrated by prayer and thanksgiving

Discipline for Godliness (6-8)

Good teaching

Truth of who we are in Christ (II Corinthians 5:17)

Truths we have been taught (II Thessalonians 2:15)

Godless myths

Worldly (profane) teachings (II Peter 2:18-19 / Jude 4)

Worthless – not worth the time (I John 4:4-6)

Godliness:

Physical training is inferior (though it has some value)

Preparing spiritually – a disciplined life (I Corinthians 9:24-27)

Promise for this life and the next

Discussion questions for I Timothy 4:1-8

What causes the heart to become hardened – the conscience to be seared? How can this be avoided?
(Genesis 4:6-7 / II Chronicles 36:16 / Hebrews 3:12-13; 5:14 / James 1:13-18, 22)

God's response to His Creation: "And God saw that it was good." What makes things that are created good become bad? (I Timothy 1:8 / Mark 7:5, 13,14-19 / Proverbs 5:18-21 / I Corinthians 7:1-2, 9)

What makes false teaching attractive? (II Peter 2:18-19 / II Timothy 3:1-5 / Galatians 6:12-14)

How can we train and discipline our lives unto godliness? (II Timothy 3:16-17 / Hebrews 5:11-6:3 /
Philippians 4:6-9 / I Thessalonians 5:16-24)